

Kincumber Canteen - Menu 2021

Food and snacks

Banana Bread	2.00	Meat Pie (lean large)	3.50
Boiled Egg	0.40	Meat Pie (lean mini)	2.50
Brekkie to Go (ham low fat cheese pockets)	1.50	Melts (baked beans and cheese)	4.00
Cheese and Vegemite Scroll	3.50	Melts (ham and cheese)	4.00
Cheese Bread (low fat)	0.80	Melts (ham, cheese and pineapple)	4.00
Chicken Breast Roll and Gravy	4.00	Melts (ham, cheese and tomato)	4.00
Chicken Burgers	4.50	Melts (Teriyaki, cheese and Avocado)	4.00
Chicken Goujons	0.80	Melts (Tuna and cheese)	4.00
Chicken Noodle soup	3.50	Muffins (low fat chocolate)	1.80
Chicken Nuggets (including gluten free)	0.80	Pikelets	0.60
Chips	1.80	Popcorn (hot per bag)	1.50
Corn on the Cob	0.60	Pretzels (snack pack)	1.50
Finger Bun (small)	1.20	Salad boxes - (salad only)	4.50
Frittata (egg with corn and chicken)	3.50	Salad boxes -(+extras, chicken, tuna, ham)	5.50
Fruit (seasonal)	1.00	Sandwiches / subs / wraps - (2+ fillings)	4.50
Garlic Bread (wholemeal)	1.00	Sausage Roll (lean)	3.00
Hash Browns	0.80	Spagetti Bolognaise	4.00
Hommus or Avacodo Cups with carrot stick	0.80	Sumo Biscuits (pack)	0.80
Lasagne	4.00	Sushi (Order Monday for Tuesday only)	4.00
Macaroni Cheese	4.00	Vita Wheat biscuit(with cheese or vegemite)	0.80
Frozen Treats		Drinks	
Bevco frozen ice cups (large)	1.20	Chill J - sparkling drink	2.00
Ice Cream Tubs (vanilla low fat)	1.50	Chocolate Mousse	1.00
Icy Tubes (varieties)	1.20	Glee drink	2.00
Juicies (frozen)	1.00	Jelly Cups	0.20
Milkshake (frozen chocolate)	0.50	Mighty Cool flavoured milk (250ml)	1.80
Pineapple Ice Cups (mini frozen)	0.20	Milk (250ml cup low fat)	1.00
Pineapple rings (frozen 1/2 rings)	0.20	Nippy flavoured milk (250ml)	2.00
Quelch Ice Block	0.80	Poptop Juice (200ml)	1.80
TNT Ice Mony	1.00	Water 250ml	1.50
Twisted frozen yoghurt sticks (varieties)	2.00	Water 600ml	2.00

