

# You Can Do It! Student Booklet

Kincumber  
PUBLIC SCHOOL

Excellence, opportunity & success  
in a caring learning community

Name: \_\_\_\_\_

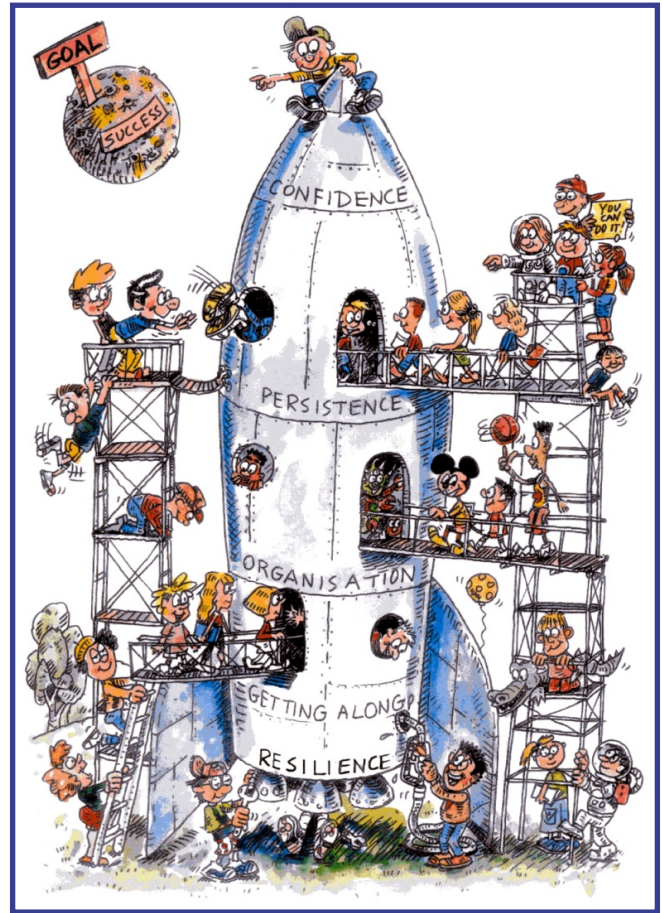
Class: \_\_\_\_\_



# You Can Do It Education

At Kincumber Public School, our main purpose of introducing You **Can Do It!** Education's is to support our learning community (students, parents, teachers) in a collective effort to optimise the social, emotional, and academic outcomes of all young people.

**YCDI** focuses on developing the social and emotional capabilities that all young people need to acquire in order to be successful. At KPS, we believe that students should experience success not only in their learning, but in positive relationships, developing a sense of wellbeing, and being able to make a positive contribution to others and the community (good citizenship).



## The 5 Keys of YCDI! Education

Our core purpose is the development of young people's social and emotional capabilities, including:

1. Confidence (academic, social)
2. Persistence
3. Organisation
4. Getting Along, and
5. Resilience.

Central to the development of these 5 Key Foundations is instilling in young people 12 Habits of the Mind, including:

1. Accepting Myself
2. Taking Risks
3. Being Independent
4. I Can Do It
5. Giving Effort
6. Working Tough
7. Setting Goals
8. Planning My Time
9. Being Tolerant of Others
10. Thinking First
11. Playing by the Rules, and
12. Social Responsibility

This last point includes the values of Caring, Doing Your Best, Freedom, Honesty, Integrity, Respect, Responsibility, Understanding, Tolerance, and Inclusion.

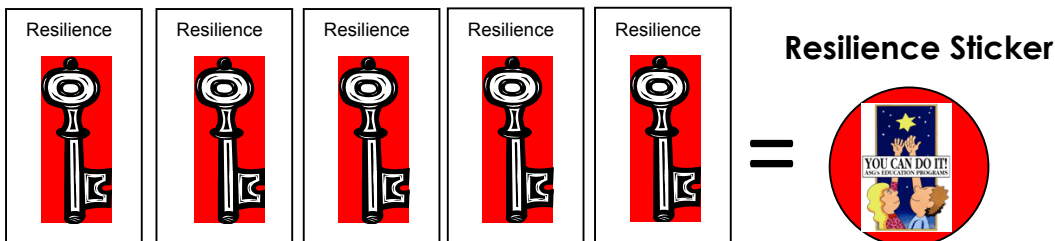
# KPS Awards

A “Can Do” award is verbal praise and recognition of the achievement of a key skill. This “Can Do” award uses specific YCDI language and is explicit in identifying and praising the skill/behaviour being demonstrated. Teachers can acknowledge students for practising behaviours that reflect one of the Key foundations (Confidence, Organisation, Resilience, Persistence, Getting Along) by using behaviour-specific feedback.

For example, a teacher may reward a student using YCDI language such as “Well done, April. I can see that you have really persisted with that maths task! You deserve a ‘Can Do’ award!” or, “Great work, Will! That took confidence, and you weren’t afraid to make a mistake. You deserve a ‘Can Do’ award”.

Accompanying a “Can Do” award is a paper token with a coloured key on it. Each colour is specific to each foundation: This award is to be stored by the student in their YCDI booklet. When a student receives five paper keys in that specific colour (eg five red keys indicating 5 “Can Do” awards for Resilience), students receive a coloured sticker key from that specific Foundation to put in their YCDI booklet. The teacher will sign to acknowledge this sticker key has been awarded. Students will use their YCDI booklet to keep track of their awards.

5 paper resilience awards = 1 resilience sticker for YCDI booklet



5 Resilience awards (each handed out with a “Can Do” verbal acknowledgment of praise for specific behaviour linked to that key foundation) = a Resilience Sticker for YCDI booklet.

Resilience    Confidence    Getting Along    Persistence    Organisation



5 stickers (one in each foundation) = Bronze award

5 additional stickers (one in each foundation) = Silver award

5 additional stickers (one in each foundation) = Gold award

YCDI booklets will be sent home once a term. Parents are encouraged to write a comment and return to school the next day.

5 coloured keys in each area (Confidence, Organisation, Resilience, Persistence, Getting Along) = Bronze Award.

Students then begin working towards their Silver, then Gold award.



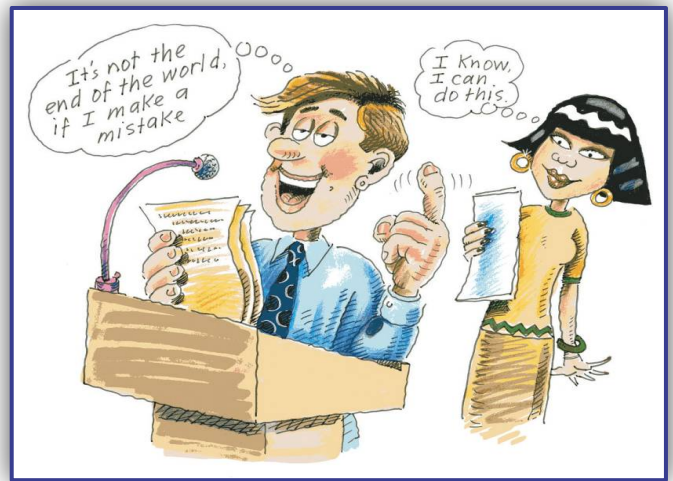
# Confidence

**Confidence** means ...

feeling I can do it. Confidence also means not being afraid to make mistakes or to try something new.

## Examples of Confidence

- Chooses to participate in new or difficult activities
- Does hard work without asking for help
- Speaks in a clear voice so can be heard
- Tries problems and answers questions when not sure of answer.
- Starts conversations

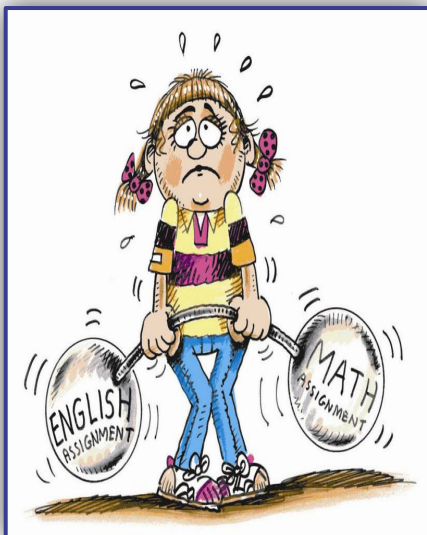


# Persistence

**Persistence** means ... trying hard and not giving up when something feels like it's too hard to do.

## Examples of Persistent Behaviour

- continuing to try even when schoolwork is hard
- not being distracted by others
- checking my work when you are finished to make sure it's correct.
- completing assignments on time



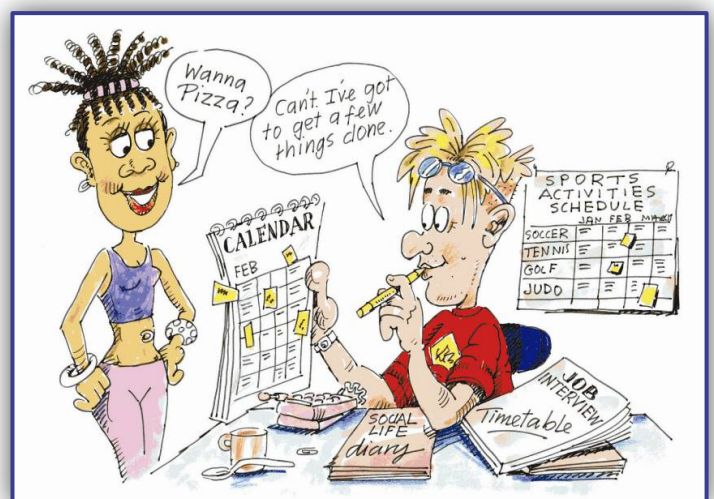
# Organisation

**Organisation** means ...

setting a goal to be successful, planning my time so that I'm not rushed, and having all my supplies ready.

## Examples of Organised Behaviour

- making sure I understand my teacher's instructions before I begin work
- having all my school supplies ready
- having a neat desk and school bag so I can find everything
- planning when I'm going to do my homework so I have enough time



# Getting along

**Getting Along** means ...

working well with my classmates,  
solving conflicts peacefully,  
being sensitive to the feelings of  
others, being respectful, and helping  
make my community a better place  
to live and learn

- **Examples of Getting Along**

- working well with my classmates
- listening and not interrupting when someone else is speaking
- talking rather than fighting when someone treats me unfairly
- following important classroom rules
- helping others in need

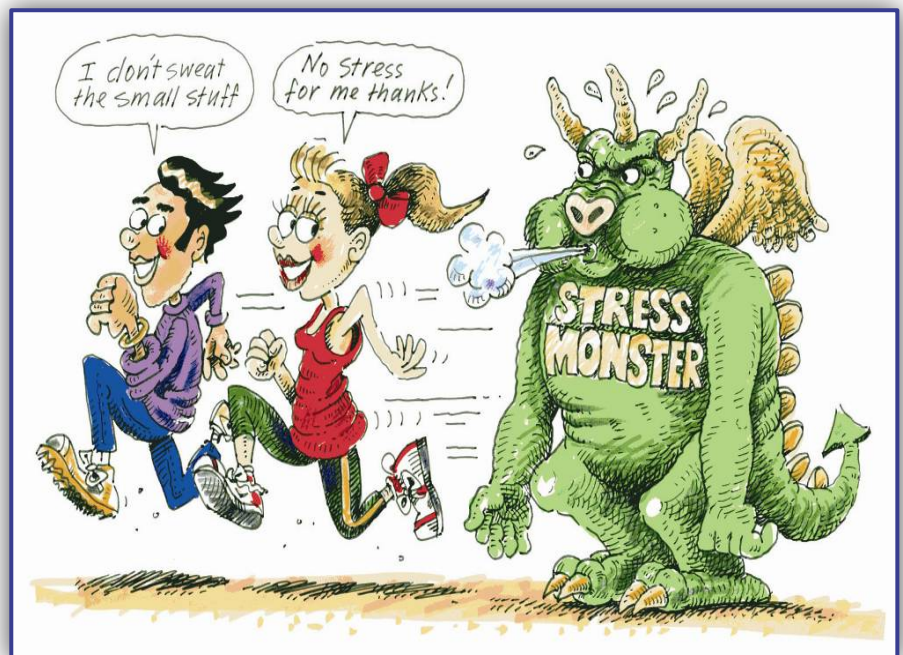


# Resilience

**Resilience** means ...

When faced with  
difficult and challenging  
situations and people,  
being able to:

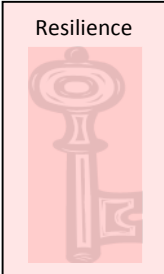
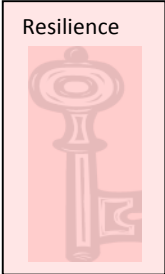
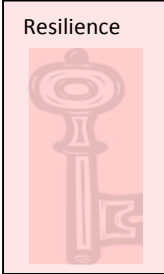
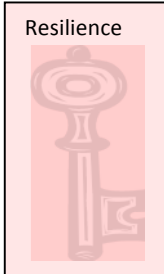
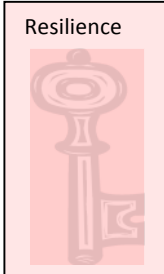
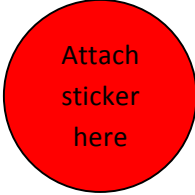

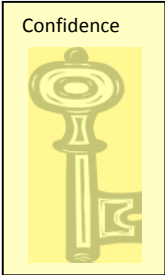



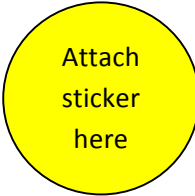





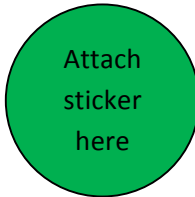











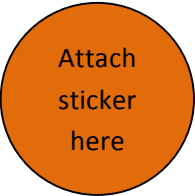
- stop getting extremely angry, down, or worried,
- control my behaviour when I am very upset,
- calm down within a reasonable period of time
- bounce back to work and play.



# Can-Do's for Bronze Certificate

Glue your "Can-Do" award for each foundation on top of the picture below. When you have collected 5 in each colour, you will receive a Foundation sticker from your teacher. When all 25 awards have been collected, you are eligible to receive a Bronze Certificate.

When you complete your Bronze Certificate you may take your YCDI booklet home to show your parents.

					=	 <p>Attach sticker here</p>
					=	 <p>Attach sticker here</p>
					=	 <p>Attach sticker here</p>
					=	 <p>Attach sticker here</p>
					=	 <p>Attach sticker here</p>

Silver certificate achieved on: \_\_\_\_\_ (Date)

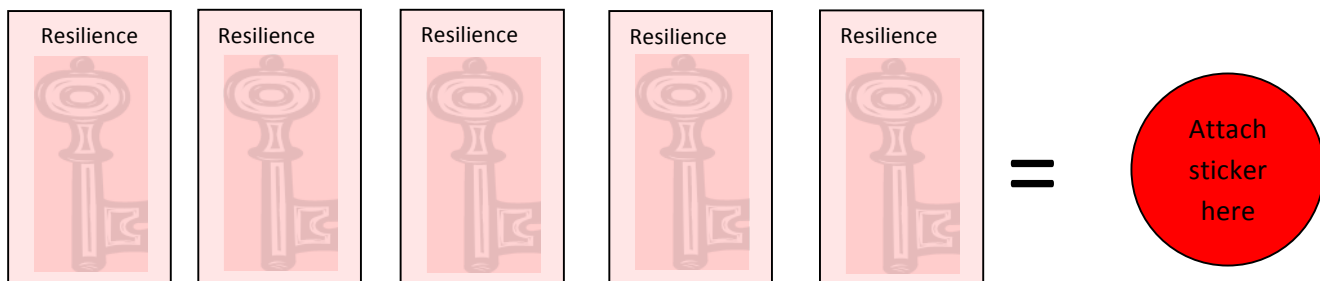
# Can-Do's for Silver Certificate

Glue your "Can-Do" award for each foundation on top of the picture below. When you have collected 5 in each colour, you will receive a Foundation sticker from your teacher. When all 25 awards have been collected, you are eligible to receive a Silver Certificate.

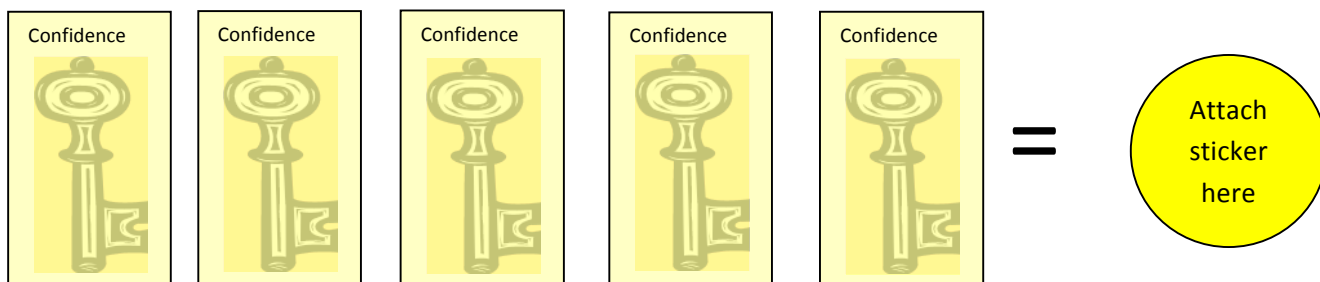
When you complete your Silver Certificate you may take your YCDI booklet home to show your parents.

Silver certificate achieved on: \_\_\_\_\_ (Date)

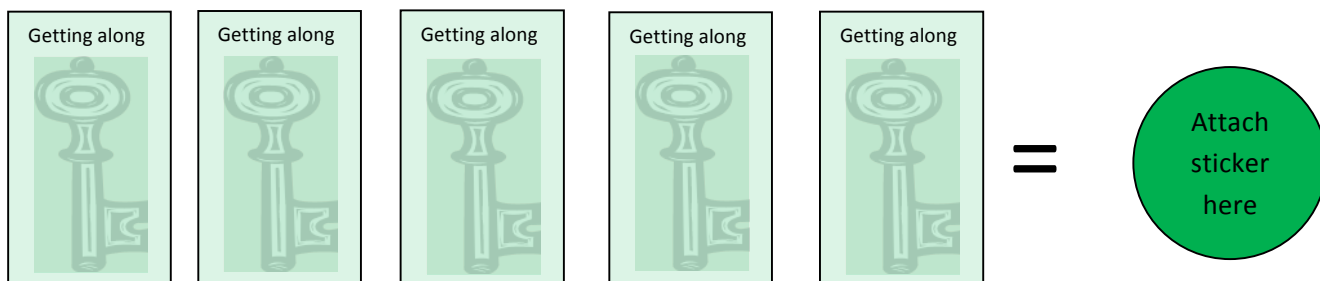
Resilience Resilience Resilience Resilience Resilience



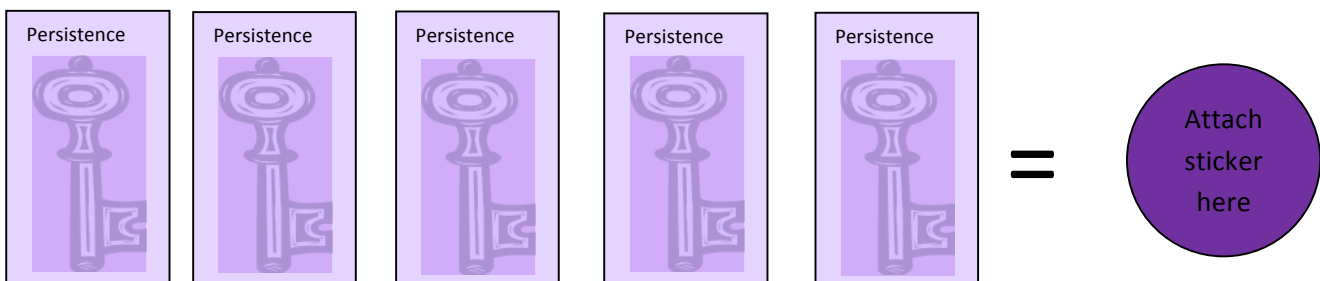
Confidence Confidence Confidence Confidence Confidence



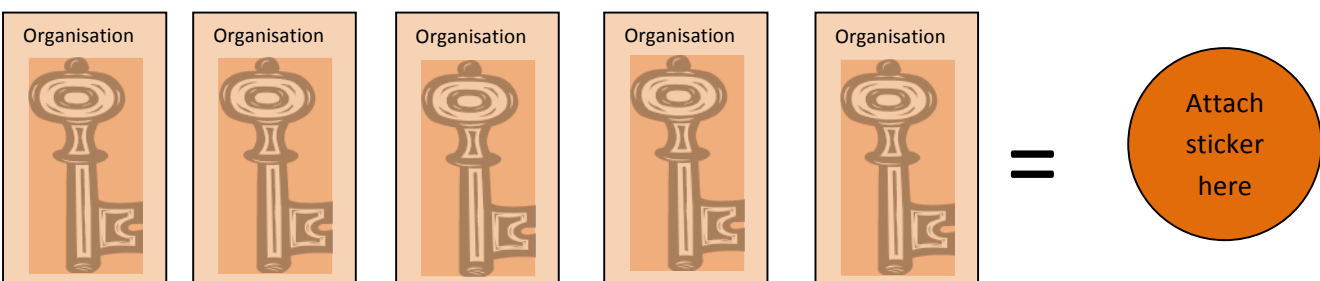
Getting along Getting along Getting along Getting along Getting along



Persistence Persistence Persistence Persistence Persistence



Organisation Organisation Organisation Organisation Organisation








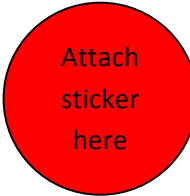







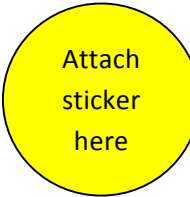
# Can-Do's for Gold Certificate






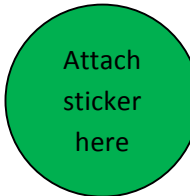
Glue your "Can-Do" award for each foundation on top of the picture below. When you have collected 5 in each colour, you will receive a Foundation sticker from your teacher. When all 25 awards have been collected, you are eligible to receive a Gold Certificate.






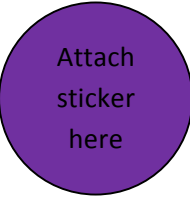
When you complete your Gold Certificate you may take your YCDI booklet home to show your parents.






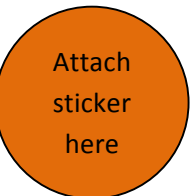
Gold certificate achieved on: \_\_\_\_\_ (Date)

Resilience 	Resilience 	Resilience 	Resilience 	Resilience 	=	 Attach sticker here
---	---	---	---	---	---	--

Confidence 	Confidence 	Confidence 	Confidence 	Confidence 	=	 Attach sticker here
--	--	--	--	--	---	---

Getting along 	Getting along 	Getting along 	Getting along 	Getting along 	=	 Attach sticker here
--	--	--	--	--	---	--

Persistence 	Persistence 	Persistence 	Persistence 	Persistence 	=	 Attach sticker here
--	--	--	--	--	---	--

Organisation 	Organisation 	Organisation 	Organisation 	Organisation 	=	 Attach sticker here
---	---	---	---	---	---	--



## Student reflection and Parent comments – End of Term 1

Student name:	I need to work on improving in the area of: (please circle) Confidence    Organisation    Resilience    Persistence Getting Along
I will do this by:	
Parent comment:	

**Please make sure you return your book to school after your parents have commented on your goals and achievements.**

## Student reflection and Parent comments – End of Term 2

Student name:	I need to work on improving in the area of: (please circle) Confidence    Organisation    Resilience    Persistence Getting Along
I will do this by:	
Parent comment:	

**Please make sure you return your book to school after your parents have commented on your goals and achievements.**

## Student reflection and Parent comments – End of Term 3

Student name:	I need to work on improving in the area of: (please circle) Confidence    Organisation    Resilience    Persistence Getting Along
I will do this by:	
Parent comment:	

**Please make sure you return your book to school after your parents have commented on your goals and achievements.**

## Student reflection and Parent comments – End of Term 4

Student name:	I need to work on improving in the area of: (please circle) Confidence    Organisation    Resilience    Persistence Getting Along
I will do this by:	
Parent comment:	




































**Please make sure you return your book to school after your parents have commented on your goals and achievements.**

# KPS "Gold key kid"

Students who earn a Gold Certificate

can conference with their teacher and negotiate a plan, if necessary, to improve in a specific area (e.g. continuing to build resilience skills in the playground), working towards earning a "Gold Key". The teacher will specify a time in for the student to demonstrate improvement in this area. Gold Key kids are expected to always follow school rules, demonstrate excellent behaviour at all times and show a high level of responsibility for their own actions. Gold Key students demonstrate an outstanding level of confidence, organisation, resilience, persistence and getting along skills.

**Paste any additional keys that you earn in the space below (this page does not need to be filled, but demonstrates continued excellent behaviour in each of the 5 key areas!)**

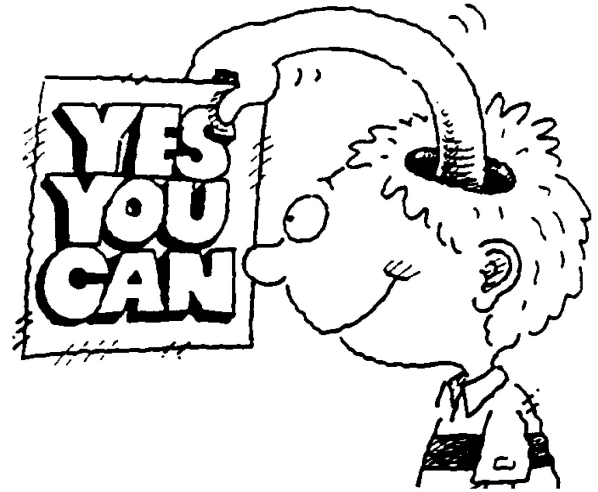
Resilience 	Resilience 	Resilience 	Resilience 	Resilience 	Resilience 	Resilience 
Confidence 	Confidence 	Confidence 	Confidence 	Confidence 	Confidence 	Confidence 
Getting along 	Getting along 	Getting along 	Getting along 	Getting along 	Getting along 	Getting along 
Persistence 	Persistence 	Persistence 	Persistence 	Persistence 	Persistence 	Persistence 
Organisation 	Organisation 	Organisation 	Organisation 	Organisation 	Organisation 	Organisation 

# Maintaining Excellence

It is expected that all students show a high degree of determination and effort to receive a Gold Key, and to maintain it. If the student's behaviour fails to reflect Gold Key standards, their privileges may be withdrawn and, in this case, the child will not be able to wear their key. The student will then need to conference with their teacher in order to determine a process to re-build and/or demonstrate competence in one or more key skill areas.

## Feedback

At KPS we recognise and value the importance of parent support and we encourage all parents to talk with their children about the YCDI program, particularly the importance of taking personal control over learning and behaviour. We encourage students to acknowledge and accept responsibility for their choices. Please feel free to discuss this more with your child's teacher if necessary, or ask for some resources on YCDI for home us. We appreciate and welcome your feedback, questions or comments on this resource.



## Additional parent comments:

You may wish to use the space below to congratulate your child on their progress this year and/or encourage them to continue to build a You Can Do It attitude in the coming year.

